

St. Mary's Sewanee and The Institute for Conscious Being present:

The Enneagram and Our Faith: A Retreat on Enneagram Basics and Spiritual Growth

You Will Receive

- Expert teachings on the Enneagram, including the nine personality types, the levels of consciousness, the wings, and the pathways to spiritual integration or disintegration.
- The soul child lecture and accompanying personal exercise with a guided meditation on the soul child presented by Dr. Howell.
- Interactive question and answer periods.

How to Prepare

- Before the retreat starts it is recommended that you take the free Howell Enneagram Test which can be found on the Institute for Conscious Being's website theicb.org.
- Obtain a copy of Dr. Howell's book *Becoming Conscious: The Enneagram's Forgotten Passageway* from which this retreat will be taught. It is available for purchase on Amazon, Barnes and Noble, or iTunes.
- Bring a photo of yourself taken between the ages of one to six.

St. Mary's Sewanee via Zoom Sewanee, Tennessee September 26, 2020



Join Dr. Joseph Howell and the faculty of the Institute for Conscious Being for this amazing Zoom retreat that takes you down to the spiritual spring of your life. In this retreat, in the comfort of your own home, you will learn much more than the fundamentals of this ancient spiritual tool for discernment. You will experience your own soul child and how it is your connection with the Divine. But even more than these, you will have access to your soul and its qualities like never before.

Dr. Howell, author of *Becoming Conscious: The Enneagram's Forgotten Passageway*, has been teaching Enneagram and Consciousness studies for over thirty years. His outstanding faculty of Enneagram scholars present with Dr. Howell in an inspiring and clear format.

ZOOM RETREAT SCHEDULE
Saturday, September 26, 2020
9:00 a.m. to 4:00 p.m. CST
REGISTRATION FEE: \$125.00
donation to St. Mary's Sewanee



Register online at stmaryssewanee.org or
call 800-728-1659.

